

Bathrooms after an earthquake

Immediately after a disaster, (flush) toilets cannot be used

Sewer pipes may have been damaged by the earthquake.

If bathrooms are used before assessing damage

- Sewer pipes may become clogged
- Flushed wastewater may leak on the floor below
- Backflow of wastewater may occur

As pipes may have been damaged by a disaster, be sure to check information provided by the local government before using.

When will portable restrooms arrive?

Portable restrooms are the first thing that comes to mind when thinking of restrooms after disasters. However, portable restrooms may not immediately arrive at evacuation centers.

※Each elementary school and junior high school in Kizugawa City, Tono no Sato Hall, and the Youth Lodge are stocked with emergency toilet bags for the use of restrooms. Western-style toilet is available.

How to use your home toilet after a disaster

Although you cannot flush the toilet, it can be used as a makeshift toilet as long as the toilet seat itself is not broken. An **emergency toilet kit** is useful for this. **Buy and stockpile these sets in advance.** If you don't have such special kits, you can use the following method instead. (If the toilet bowl is broken, you can also use a bucket and sturdy cardboard box.)

1 Raise the toilet seat and cover the bowl with the first plastic bag.

2 Lower the toilet seat and set up the emergency toilet kit. If you don't have it, cover the toilet seat with a second plastic bag and put crumpled newspapers inside the second bag.

3 Diapers, pet toilet sheets, cat litter, and deodorizing sprays are useful for absorbing and deodorizing.

4 After defecating, take out only the second plastic bag (toilet kit), push out the air, and tie the bag securely.

Dispose of the bag as combustible waste.

Restroom use per person per day: 6 times x at least 3 days' worth; however, it is ideal to prepare one week's worth of emergency toilet kits. Also prepare wet wipes for washing hands.

Preparing for a Disaster

Do this first if your home is damaged!

If your home is damaged by a disaster, you may be so shocked that you don't know how to start getting your life back to normal. The city will provide various support so that disaster victims can return to their daily lives as soon as possible. With this support, you can proceed with reconstruction one step at a time. To receive this support, be sure to take photographs of the damage.

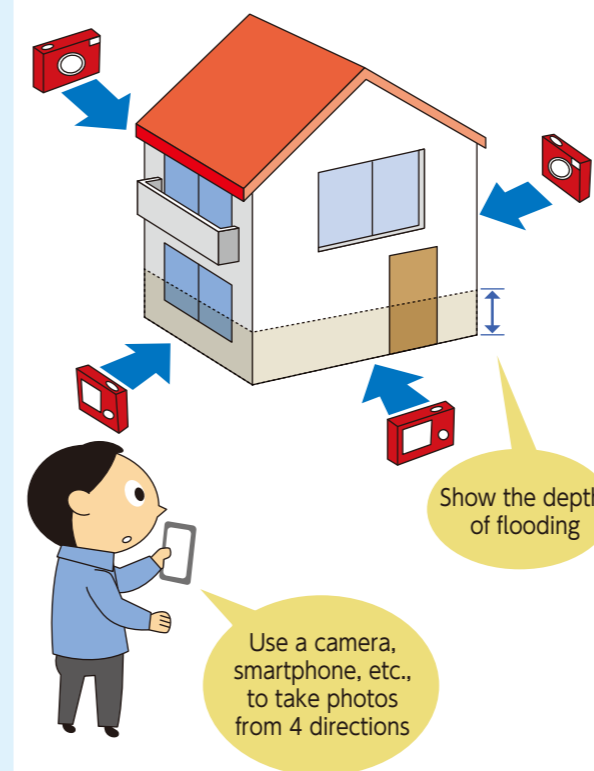
Take photos to record damage to your home

Before cleaning up or repairing, take and save photographs of the damage to your home. These photos will be very useful to receive a disaster certificate and support from the city, or to file a claim for damages with an insurance company.

It is important to photograph your home's interior and exterior.

How to photograph your home's exterior

- Use a camera, smartphone, etc., and try to take photos from as many as four directions when possible.
 - If your home is flooded, take photos that show the depth of the flooding.
- ※You can clearly show the extent of the damage by taking photos from a long distance and then taking a close-up with a tape measure or something object.



※Illustration

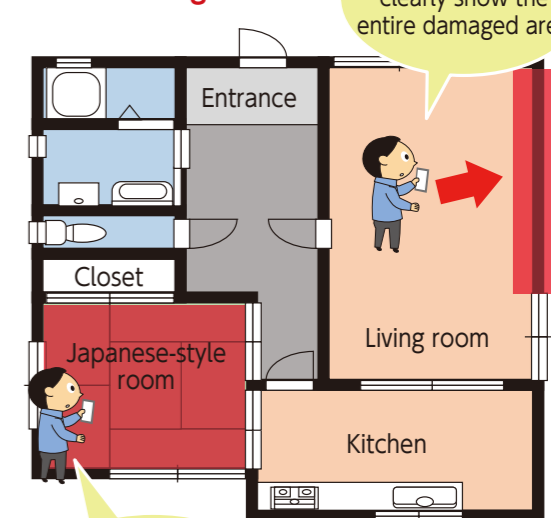
How to photograph your home's interior

- When photographing damage inside your home, take the following types of photos:
- 1 Panoramic photos of each affected room
 - 2 Close-up photos of the damaged areas

[Possible locations to photograph]

Interior walls, floors, windows, entrances, sashes, sliding doors, shoji screens, system kitchens, sinks, toilets, unit baths, etc.

Photograph all rooms and locations that have been damaged.



- 1 Panoramic photos of each affected room
- 2 Take photos that clearly show the entire damaged area

※For illustrative purpose